



Dear Parents and Players,

Thank you for your participation in SFDS sports. This packet is given to each player for EACH sport in which they participate and contains the following three items:

1) CYO Permission Slip

This slip is used in case of an emergency or in case SFDS must contact a parent or guardian.

2) Athlete Code of Conduct

Please review these sportsmanship guidelines with your child. This form must be signed by the player and parent.

3) Parent Code of Conduct

Please review and sign the form.

Uniform Deposit: SFDS provides our own sports uniforms. A \$50 deposit is required for each uniform for each sport. At the conclusion of the season, the uniform must be returned to the SFDS athletic office in an acceptable and clean condition, and the deposit will be returned. Occasionally, extra items or accessories for the uniform may be required or recommended at the discretion of the coach or athletic director.

Sports Fee: There is a sports fee of \$60 per athlete, per sport. This must be collected as a separate fee from the uniform deposit.

Student athletes may only participate in SFDS sports when both the sports fee and uniform deposit have been paid and the sports packet is returned. They are due at the beginning of the season prior to the first formal competition. No exceptions.



Sports Packet
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Please submit the following items to the school Athletic Director as soon as possible:

- 1) CYO Permission slip
- 2) Athlete Code of Conduct
- 3) Sports Fee of \$60
- 4) Uniform Deposit fee of \$50 (must be a separate check from the sports fee; this will be returned to you at the end of the season in exchange for the uniform.)

Please make checks out to SFDS and label the check with the type of fee (Uniform or Sports Fee, child's name and name of sport.)

Thank you and have a great season!

Sincerely,

Alicia Williams

SFDS Athletic Director



Archdiocese of Los Angeles
Department of Catholic Elementary and Junior High Schools
Athletic Activity (CYO) Permission Slip

Child's Name: _____

Birthday: _____

Parent/Guardian Name: _____

Home Address: _____

Contact Phone #: _____ Circle one: Mobile/Home/Work

Back up Contact #: _____ Circle one: Mobile/Home/Work

In Case of Emergency: If attempts to contact parent are not successful, we need an additional contact:

Name: _____

Relationship to athlete: _____

Contact Phone #: _____ Circle one: Mobile/Home/Work

Sport: Circle the sport your child will be participating in:

Volleyball

Football

Basketball

Softball

Track and Field

Competition

Competitions:

Cheerleading

Song-Leading

Tournaments:

Golf

Soccer

Baseball

Participation Level:

Junior Varsity

Varsity



Consent Form

(to be filled out by Parent or Guardian)

Child's Name: _____

I, _____ the parent/guardian of the above named child hereby request that my child participate in the athletic activity of _____. I agree to direct my child to cooperate and conform with the directions and instructions of the supervisory archdiocesan personnel responsible for the athletic activity.

I agree that in the event my child is injured as a result of his/her participation in the above named sport, including transportation to and from the activity, whether or not caused by negligence (active or passive) of the school or archdiocesan athletic activity program or any of its agents or employees, recourse for the payment of any resulting hospital, medical or related costs and expenses will first be made against any accidents hospital or medical insurance or any available benefits plan of mine or my spouse.

I hereby give permission to the physician selected by the athletic activity supervisory personnel then present to render medical treatment deemed necessary and appropriate by the physician.

I am not aware of any medical condition of my child that would render it inappropriate for him/her to participate in any such activity.

My child is allergic to: _____

Parent/Guardian Signature

Date



Athlete Code of Conduct

I hereby pledge to live up to my responsibilities as an athlete at Saint Francis de Sales by following the Athlete Code of Conduct.

- 1) I will not argue or complain about the official's decisions.
- 2) I will be a role model of good sportsmanship and conduct. I will be responsible to the coach and team. I will be a good sport.
- 3) I will play for fun. I will do my best to make sure that everyone has fun.
- 4) I will demonstrate fair play and sportsmanship. I will treat athletes, coaches, officials, administrators, and the public with the respect I would like for myself.
- 5) I will not use tobacco, alcohol, drugs or inappropriate language at any sporting event where I represent SFDS.
- 6) I will make only positive and encouraging comments to the athletes. I will cheer all athletes and applaud all good plays.
- 7) I will remember to have a good time and that the goal is to become better and to feel good. I will not take myself too seriously. I will control my temper.
- 8) I will always give my best effort.
- 9) As an athlete I have to respect and adhere to the rights and responsibilities for all participants and myself.

I understand that the consequences for not adhering to the Code of Conduct may range from a verbal warning to expulsion from the sporting event, and/or disciplinary action from SFDS.

Print Athletes Name

Signature

Print Parents Name

Signature

Date: _____



SFDS Parent Code of Conduct

I hereby pledge to live up to my responsibilities as a Parent of a child participating in Saint Francis de Sales Athletics by following the Parent's Code of Conduct

- 1) I will place the emotional and physical well-being of the children above any personal desire to win. I will help my child understand the valuable lessons sports can teach.
- 2) I will be a role model of good sportsmanship and character. I will help my child meet his or her responsibilities to the coach and the team.
- 3) I will do my best to make sure that the sporting event is fun for all participants
- 4) I will lead by example. I will demonstrate fair play and sportsmanship. I will treat everyone with respect. I will remember to not take myself too seriously.
- 5) I will maintain a healthy environment at the sporting event. I will refrain from using alcohol, tobacco and drugs at sporting events.
- 6) I will make only positive and encouraging comments to the athletes, on either team. I will strive to create a positive experience for everyone at the sporting event.
- 7) The sporting event is for children, not adults. I will encourage my child to participate by providing a supportive attitude and atmosphere, but not pressure.
- 8) I will not verbally address referees or members of the opposing team/school in a negative way. I will remember that I am a Catholic athletes parent.
- 9) I will support coach's decisions. I will address issues with the coaches at the appropriate time and in an appropriate manner.
- 10) I will see to it that my child leave any sporting facility, court, or field clean and neat by throwing away any and all trash.

I understand that the penalties for not adhering to this Code of Conduct may range from a verbal warning to expulsion from the sporting event.

Print Athletes Name

Date

Print Parents Name

Signature